

SWIM LESSONS

HOLIDAY LESSONS

FEES: \$45.00

Holiday lessons are a great time to get your children into Swim Lessons

December 19th - 30th
Classes are Mon - Fri




10 - 10:45am ~ Preschool - Level 6	1201.410
11 - 11:45am ~ Preschool - Level 6	1202.410
12 - 12:45pm ~ Preschool - Level 6	1203.410

MONDAYS & WEDNESDAYS

December 12th - January 11th

5:15 - 6pm Preschool - Level 3	1204.410
6 - 6:45pm Level 1 - 6	1205.410

January 16th - February 15th

5:15 - 6pm Preschool - Level 3	1206.410
6 - 6:45pm Level 1 - 6	1207.410

SWIM LESSON FEES


\$45.00
per session



GOGGLES

Students are required to bring their own goggles for lessons. Please test your child's goggles at home prior to bringing them to swim lessons.

SORRY NO FACE MASKS



TUESDAYS & THURSDAYS

December 13th - January 12th

5 - 5:45pm Preschool - Level 3	1208.410
6 - 6:45pm Level 1 - 6	1209.410

January 17th - February 16th

5 - 5:45pm Preschool - Level 3	1210.410
6 - 6:45pm Level 1 - 6	1211.410

WINTER

SATURDAY LESSONS

December 10th - February 18th
(No Class 12/24)
Class fee: \$45.00

9:30 - 10am Parent & Tot	1212.410
10:15 - 10:45am 3's in training	1213.410
11 - 11:45am Level Preschool - 6	1214.410
12 - 12:45pm Level 1 - 6	1215.410



THREES IN TRAINING

This is a class for the three-year-old who is ready to achieve independence and prepare for the preschool swim classes. The parents participate in the first 5 classes and leave the child in the care of the instructor for the last 5 classes.

Participants must be at least 3 years of age.

SATURDAY CLASS

1213.410

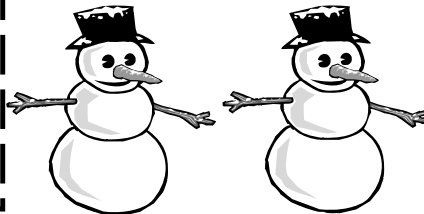
December 10th - February 18th

10:15 - 10:45am

Class Fee: \$45.00

(NO CLASS 12/24)

SWIM LESSON
FEES
\$45.00 per session



PARENT AND TOT

This class is designed to assist parents with their children ages 6 months to 3 years to become comfortable in and around the water. Children and parents will learn the basics of water safety, water adjustment, breath control, assisted floating, kicking and submerging.

AGE LEVEL: 6 months - 3 years

SATURDAY CLASS

1212.410

December 10th - February 18th 9:30 - 10am

Class Fee: \$45.00

(NO CLASS 12/24)



DAY LESSONS

Mondays & Wednesdays

January 16th - February 15th

11 - 11:45pm Preschool - Level 3 1216.410

Tuesdays & Thursdays

January 17th - February 16th

11 - 11:45am Preschool - Level 2 1217.410

Beginning Adult Lessons

#1319.410

This adult swim class is for the beginning swimmer who would like to learn more about strokes, improve strokes and work on his/her endurance.

This class is open to ages 13 to Adults

Saturday's 8:30 - 9:30am

Mike Smithers warm water pool

January 7th - March 10th

Cost: \$45.00

SUPER SEALS IS BACK

Class #1218.410

The objective of this class is for participants to learn more about the 4 competitive strokes - front crawl, back crawl, butterfly and breaststroke, learn flip turns and build endurance before moving on to competitive swimming. Swimmers must be at swim lessons level 3 or higher.

Class is held in the Mike Smithers Warm Water pool

December 12th - February 22nd ~ Mondays & Wednesdays 4:00 - 5:00pm

Cost \$60.00

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